

A Sabbath Liturgy

words unbolded – read by one person
words in bold – read by all

Welcoming of Sabbath

Creator Spirit, mighty wind of God,
You brood over our lives, and speak new life into our chaos.

Blessed is the Holy One, our God,
Who kindles light in the darkness, and who sanctifies the Sabbath.

Your Sabbath celebrates the flowering of creation,
The wedding of our hopes to Your divine yearning.
In the light of Your holy Sabbath, each day is holy:
In the overflowing of Sabbath joy, each moment is sacred.

**Blessed be God who gives us the Sabbath
And leads us to the waters of stillness.**

The day is not a day but an attitude, a disposition, a rest in the human heart.
So carry no burdens on this Sabbath day,
Rather, when God rests in you, so you also rest in Him.
And when God does His work in you, so you also do your work in Him.

**Welcome the day, receive the gift.
Remember the Sabbath and keep it.
It is made for you: your freedom, your joy, your healing.**

Blessed be God – Father, Son, and Holy Spirit,

Who restores our soul and commands us to rest.

Lighting of the Sabbath Candles

Blessed are You, Lord,
High King above all kings, our Father for ever and ever.
Thine, O Lord, is the greatness, the power, the glory, for ever and ever.
Amen.

Let Thy face, O Lord shine forth upon us, and be Thou merciful unto us.

**The peace of God...
And of Christ...
And of the Holy Spirit...
Be upon us and on our children for ever more.**

A blessing is spoken over families and other individuals present

Thou art our trust, O King of kings.

**I pray that no envy and malice, no hatred or fear, may smother the flame.
I pray that indifference and apathy, contempt and pride, may not extinguish its light.**

**Be with us by day, be with us by night, and as darkness covers the earth
Keep our lights shining brightly.**

**We are on a journey, for our hearts have run before us to Your kingdom;
Once far off, we have now been brought near.**

See how good and joyful and thing it is to dwell together in unity!

The Breaking of Bread and Sharing of Wine

Taking the bread

Blessed are you, Lord, High King above all kings,
For through Your goodness, we have this bread.
You have given us Your peace, and set a hunger in our hearts.
Restore our strength.
Give new energy to tired limbs, and new thought to weary minds.

The bread is shared with everyone

Taking the wine

Blessed are You, Lord, High King above all kings,
For through Your goodness we have this wine.
We thank You for Your loving kindness which has filled our days
And brought us to this time and place.
Restore our souls.
Give new vision to dry spirits, and new warmth to cold hearts.

Glasses are raised and everyone partakes